

JOURNAL.27

winter solstice 27
sunrise @ 06:53
(lab)

9505

322.28

27.1

wed21

14:42

shit... i have to move my car

+i should be thankful for the reminder so that i don't find a ticket on my windshield in the morning

+living together requires accommodating some 'low-impact' life styles

~what would the streets look like in 3 months, if they weren't cleaned regularly

+a viable civilization must fulfill several basic functions

+figuring out what they are, how they're gonna get done, and by whom is one of the major tasks we face

+we have to invent a new civilization

>no so-called sovereign nations

>no language monkeys

+i've seen the best minds of generations destroyed by normality/convention/lack of integrity/self-delusion/etc.

adobe cs5.5

+for those having difficulty with serials check the 072011 database for serialbox. also go find the 022011 database for better instructions on what to include in your hosts file as the 072011 version doesn't include

that info and the install.txt file in this release doesn't include all modifications.

9506

322.29

27.2

thud22

19:35

a story about a world champion boxer who wins by hypnotizing his
opponents during the fight
he distracts them

9508

323.1

27.4

sad24

20:28

9509

323.2

27.5

sud25

16:14

a death counselor

9510

323.3

27.6

mod26

16:13

9511

323.4

27.7
tud27

19:55

gendo

an ideal death

- one day you are overcome with tiredness
- it feels so good to lie in bed and drift

- an important realization in gendo is that you really don't know what the word i refers to
- it's the great mystery... still

.once Earth is born,

meditation ... being an antenna for ideas, sensations, imaginings, etc.
sitting quietly, making yourself available to bob

>observe our "mind"... as you watch a pill bug

gendo: way of language

awakening from the ages-old trance of language

- cats have a voice in them that says "pounce... now"
- thinking is a muscular activity
- sleeping is a biological way to conserve energy

the fruition of humanity
the climax of civilization
the birth of Earth

the gendo mission to the humans

- of course, the client has to be in the market for change
- if you're really not interested in discovering new ways of thinking about your life, then gendo is not for you
- if you are perfectly satisfied with your present understanding of life, the universe and everything, then move right along please, thank you

33.779 117.923

9515

323.8

27.11

sad31

15:08

brad

?do you make your living with set a new direction

- nothing wrong with autopilot... as long as it's well-programmed

africa

~why were you in senegal

~what did they think about diapers

~why do some of the children in school appear to have dirt/clay smeared on them

~their sense of time

typo

I learned more about myself in two days then I had in my whole life.

http://www.setanewdirection.com/client_references.html

9517
323.10
27.13
moja2

14:22
tog - martin

tens

www.martinpsimpson.com

TogismTog (martin): www.numenta.com

<http://techtv.mit.edu/collections/mit150:1967>

jeff hawkins

<17:55:49>
"johneb[NZ]"
:
<http://img214.imageshack.us/img214/4397/circlezeitgeist4.jpg>

<17:56:13>
"johneb[NZ]"
:
>[img]< Tag

<17:56:27>
"johneb[NZ]"
:
at the beginning

<17:56:39>
"johneb[NZ]"
:

then at the end use >[/img]

darr@zeitgeistportugal.org

- the problem with the world is that most humans are unconscious language monkeys most of the time
- we can't build a movement with language monkeys
- we need to start developing a personal network of trusted, conscious associates/Earthlings/etc.

i know 2
one in germany
one in romania

no longer under the spell of a caterpillar
no longer entranced by a language machine

- CLA is as far as a teacher can take a student
- beyond that is totally the responsibility of the student

9520
323.13
27.16
thuja5
07:14

clinical epistemology

9524
323.17

27.20
moja9
18:40

language is divine

- chatting is a mundane use of it

- i guess i'm really ready for the borg

9526
323.19
27.22
weja11

16:27
hacking your language machine
hacking your brain
hacking your self

9527
323.20
27.23
thuja12

21:11
science came from tool-making

language

dog going out of and around the courtyard (in the opposite direction) to get
the piece of wood

9528
323.21
27.24

frja13

22:08

midwifing the self-awareness of Earth

9529

323.22

27.25

saja14

21:02

>think about what you'll do after you leave teamspeak

~what did you do while you were thinking

or rather

~how would you describe what you did while you were thinking

~what did you do

> describe what you did

~what happened

> describe what happened

the free masons

the free mansons

9530

323.23

27.26

suja15

19:29

+gendo could be mandatory training for members of zeitgeist

bag o' tricks

9531
323.24
27.27
moja16

19:10
+language monkeys like stories
+reality has no need for them

9534
323.27
27.32
thuja19

19:25
looking for agreement

getting bob to show up

torture might do it
some drugs
reasoning
being polite and acquiescent

+we can't force bob to show up
+we can only invite bob to show up

what works
meditation
cla

9536
323.29
27.33
saja21

17:14

ted
net neutrality
isms
monkeyboys
a new world a comin'
butterfly
sailing armageddon
che
"reality"

+we make decisions about life at a VERY early age
~should they be re-examined

9537
324.1
27.34
suja22
14:38

9538
324.2
27.35
moja23
11:11

+we are building a community here in the matrix

new podcast
waking stories

adyashanti
terry patten
ken wilbur
andrew cohen
eckhart tolle
etc.

9539

324.3

27.36

tuja24

16:40

“All these idle words, the silly no less than the self-regarding and the uncharitable, are impediments in the way of the unitive knowledge of the divine Ground, a dance of dust and flies obscuring the inward and outward Light. The guard of the tongue (which is also, of course, a guard of the mind) is not only one of the most difficult and searching of all mortifications; it is also the most fruitful.”

Aldous Huxley
The Perennial Philosophy

church of the holy ghost, bern
if you just sit there

wisdom machine
gendo school

9541

324.5

27.38

thuja26

19:50

i aspire not to be a person of success, but rather to become a person of value

9542

324.6

27.39

frja27

19:43

as popular as a snake in a sleeping bag

happy birthday

(party) :D (dance) (party) (chuckle) (clap) :D (dance) (^) (party) (sun)
(rofl) :* (party) (inlove) (party) (sun) (F) (party) (d) :) :O (party)
(rofl) (sun) (party) (rofl) (dance) (F) (beer) (happy) (party)
(party) :D (dance) (sun) (rofl) :* (inlove) (party) (sun) (F) (party)
(d) :) :O (party) (rofl) (sun) (party) (rofl) (dance) (F) (beer)
(happy) (party) :D :* 8-) (nod) (party) (sun) (^) (dance) (party) :O
(party) (rofl) (sun) (party)

9544

324.8

27.41

suja29

08:18

<17:03:11> "Axiom Emissary":

Her name was mona,

She was a cam girl,

With her shaven pussy hair

And a dildo for down there,

She'd shake her booty,

For a little money,

But if you'd tip her a little more,

Then she'd be-come a little whore,

Her webcam feed was fine,

And you could see her smile,

While she played with that dildo it was so di-vine,

But now SOPA sopa have banned her,
For broad-cast-ing a song of navana,
Yes now sopa, sopa can ban ya,
With copy-right laws,
They'll be break-ing-down your doors,
Now that so-pa. (SOPA CAN BAN YA)

His name was Johnny,
Had lots of money,
And while he's watching mona's flange
With his penis in his hand,
He got ser-valenced,
They got his IP,
And for six months maybe more,
They'll be spying with this law
Down-load a thing or three,
E-ven up-load some seeds,
But nothing you will do can bring em to their knees
Now that sopa, sopa can ban ya
For down-loa-ding-a-song by san-tana
Yes now sopa, sopa can ban ya,
With copy-right laws,
They'll be break-ing-down your doors,
Now that so-pa. (SOPA CAN BAN YA)
<17:03:43> "Axiom Emissary": Its name is ACTA,
It was the factor,
That has enabled all these laws
To come busting down your doors
now be remembered,
How things get censored,
Now this is the extent
Its about twenty five cents,
Down-load-ing mo-vies,
And watching TV streams,
Will only come to you when you will pay their fees
Now that SOPA SOPA can ban ya

They spoilt Christmas for every-one and banned Santa
Yes now SOPA SOPA can ban ya
We care so we share and these laws are not fair,
Now that SO-PA,
(SOPA CAN BAN YA)

emotions
happiness
sadness
anger
fear
love
hate
frustration
satisfaction

9547
324.11
27.44
wef1
13:55

i was torn about posting this recording.

this is a good example of malfunctioning language machines
learn from it
my hope is that you will find it as frustrating and instructive as i do

<http://conferences.ted.com/TED2013/auditions/>

i want your help

in a trance
language affects EVERYTHING
language machine
self
it only takes a second to wake up from the trance
it doesn't require 30 years of meditation
voice dialog therapy

thinking as a muscular activity

two tracks
practical
spiritual

optical illusions

9548

324.12

27.45

thuf2

17:08

.you can say people can't change/grow
.you can say people won't change/grow
.it doesn't make any difference to an agent of evolution
+move on
+invest your time into people who can and will change/grow

.i'm most attracted to edges of science... intersections of science and
philosophy/epistemology
.metaphysics/ontology is a form of linguistic pathology

<http://www.cook-greuter.com/>

Dr. Cook-Greuter, the principal of Cook-Greuter & Associates, is a founding member of Ken Wilber's Integral Institute (I-I), a think tank in Denver, Colorado. Susanne is a contributor to the Psychology, Psychotherapy, and Business Practice Branches of I-I. She has a doctorate from Harvard University and is an internationally known authority on Mature Adult Development. She has co-authored two books with Mel Miller on Adult development, creativity and spirituality. Her thesis, Postautonomous Ego Development, is a landmark study in the characteristics and assessment of highly developed and influential individuals and leaders.

eckhart tolle
andrew cohen
ken wilber
steve barnes
ram dass
thich nhat hanh
adyashanti

9551
324.15
27.48
suf5
17:19

9553
324.17
27.50
tuf7
06:58

it's a mystery at bottom

9555
324.19
27.52
thuf9
07:36

relational frame theory

9556
324.20
27.53
frf10
18:51

forget the schools
your kids aren't being helped at all

how many copies of S&S have been sold in toto

9560
324.24
27.57
tuf14
20:57

9565
324.29
27.62
suf19
15:47

?are students really looking forward to transformation

?are you ready for a change

?are you looking for a change or a transformation

?a bigger caterpillar or a butterfly

9569

325.3

27.66

thuf23

15:47

wisdom machine

Love's Sweetest Gift

We can understand love either from the perspective of what it is or what it is not. Love is the uplifting experience of joy, ecstasy, fulfillment, contentment, delight, and abandon. Love is not the painful experience of fear, doubt, suspicion, jealousy, obsession, and attachment. More than anything else, I think the highest expression of true love is trust. Indeed, trust is love's sweetest gift. That is because trust gives rise to an experience that ordinary love cannot: Freedom and space. In fact, trust is the powerful experience of spiritual freedom within the context of human relationship.

9570

325.4

27.67

frf24

15:04

thank you for your contribution to an awakening Earth.

you appear to be one of growing number of "enlightened" beings around these days.

we need more.

+talking about "enlightenment" is problematic... at best.

+if our ways of talking about waking up were even slightly effective, Earth would be awake now and we would be living in a new world.

+my path beyond language encompassed a deep exploration of linguistics.

+this is not a place to go into detail, but one idea might be helpful in your communication.

+reification plagues our thinking about philosophy, spirituality, epistemology, etc.

+the word "mind" is so abstract and diffuse in its meaning as to be useless for carrying any information.

+i've been using the term "language machine" with my students.

+it seems to make it easier for them to get some distance between their "self" and the voice.

+language isn't everything the "mind" does, but it's the dominant component of what we mean by the word "think".

+language is not something humans DO.

+it's something that happens to them.

+the language machine generates "the voice"

+the problem is that we have been raised/programmed from birth to identify with the voice

+humans have been hijacked by their own language machine

+they think the voice is something they are doing... they think it is their "self"

+98% of human, 98% of the time live in a linguistically-induced hypnotic trance

+and, as you know, it takes only seconds to wake up

+most meditators have developed some higher perspective on the voice in their heads, but the language they use to think about it reinforces their identification , dragging them back into the trance

+the old language we inherited from our ancestors is an obstacle to waking up

+in 1800, there was no technology of electricity

+now, you're reading my email

+electricity hasn't changed in 200 years

what changed is language.

legions of dedicated researchers have invented new ways to talk more precisely about electricity.

now, we have a technology where before there was magic.

i believe we are on the verge of a technology of consciousness... 2-4 decades away from living on a planet of awake people.

you and i and those others of us who have awakened from the trance can be thought of metaphorically as the so-called "pioneering cells" in the brains of developing embryos... the first of a flood of awake people... a new species.

I'm not suggesting that waking from the trance of language is ALL there is... but it's certainly a good start.

to summarize: talk about language machines, not minds... unless, of course, you intend to be vague in a particular utterance.

yours in Earth

heron stone

--

nature,
to be commanded,
must be obeyed

heron stone
<http://gendo.net>
<mailto:heron@gendo.net>

9571
325.5
27.68
saf25
08:41

9572
325.6
27.69
suf26
10:08

time machine s/n: 2GEVP7J7
P/N: 9ZC2AG-500

in gendo, everyone brings 100% attention

geminiac

9579
325.13
27.76
sumar4
14:58

start a movement
get government out of personal relationships

rules for clubEarth:
fulfill your work duties
don't be too much of an asshole
one warning... then you're out

a world of "self-sustaining" city-states
?how many... 100? 500?
?how is it to be decided
?minimum population
?maximum population
a conferences of city-states meet to share what they have learned and help
each other
under normal conditions a citizen is either a founding member or was born
there
?under what conditions could a person leave a city and join another one
?what about accommodations for travelers
a city for music
a city for sports

9580

325.14

27.77

momar5

22:22

stuff i don't want:
green lantern
hawaiian dream
master confidential
juicy fruit
orange diesel
blue cheese
wild berry

trainwreck og
grape kush
mango mist
mary jane
fruit loops
maui skunk
afghani kush
white jupiter og
pineapple thai
w12 kahlifa og
columbian tea

want: 1/4 oz. death star og

So, here are some of the questions/points I have to bring up when we talk (in no particular order). I am having a busy week with work and stuff coming up for Z-Day, but hopefully I'll have time soon to talk!

- 1) Most of what you say is great, and potentially ground-breaking (at least it has been for me), but couldn't you nail this stuff down more scientifically? Have you thought of ways you could test to see if someone is conscious of the language machine? The language machine is fairly well understood anatomically, right? Maybe you should include "the science of the language machine" in your website, along with an extensive overview of "the five stupidities"?
- 2) You said you have all your notes on PDF? When do you intend to make this available?
- 3) Maybe we can collaborate using a google doc? Are you familiar with these? We could share it with each other, as well as others that are committed to this and want to help. This will enable us to comment on each others work/ideas as we progress. As much as you don't like writing, I think we need to start compiling our notes in a written, open-source format so we can use them for teaching devices later. I'm still a punk kid and doing my homework on this, but I think I have a good

sense of organization and could help edit your information in a concise, palatable format.

4) It's really hard to see what the website would look like right now. I think I know the fundamental concepts I'd like to see in there, as I'm sure you do too, but I'm trying to think a way to make it really fun and engaging, as well as simple enough for a child to do (maybe you could have multiple 'levels'?)... Regardless of age, I think the goal is to get them to feel as immersed in this 'experience' as possible, utilizing various senses, multiple intelligences, and different learning styles. In other words, I think it would be effective to have a lot of multi-media going into this (like the built-in voice recognition device I mentioned...). Maybe you and I could do seminars like I've heard you mention a couple of times for business people, in order to get funding? 2-3 years does sound about right to get this thing operational... let's brainstorm on this later :)

5) Here's my best, albeit clumsy, attempt to define "I". I still have many problems with this because of all of the reifications, and lack of neuroscience knowledge, but still let me know what you think...

"I" is your 'higher consciousness' that can observe and reprogram the language machine. It acts as an 'objective observer' that can deliberately plan what you are going to say in certain situations. It is essentially a 'higher-order' function of the brain that is interconnected with the language machine. "I" also includes your analytic "toolbox" (acquired logic and reason) that can decipher and calculate the relevance of language. "I" can think in other ways besides language. It has the ability to think artistically/musically/rhythmically, bodily/kinesthetically, abstractly/visually/spatially, etc., depending on the concentration of neurotransmitters in certain areas of the brain. I, along with the language machine, is continuously programmed and developed from in utero until the end of life.

6) Are there different classifications for reifications since reification covers an extremely large set of words? Maybe we should separate higher-level abstraction reifications (i.e. democracy, liberty, justice, dignity, etc.) into

their own class, and call them “hot reifications” or “loaded reifications”... but aren’t all reifications “loaded” to some extent? I mean, we can list criteria to help define reifications, but nothing is sufficient for a fixed definition, maybe unless ALL people agree on it? In other words, all reifications are subject to some interpretation...right?

7) Neil DeGrasse Tyson has this great quote, but let’s pick apart the language a bit:

“We’re all connected: To each other, biologically. To the Earth, chemically. And to the rest of the universe, atomically”

Shouldn’t it be “And to Universe, atomically...”?

8) Do you find the word “life” to be an empty distinction? Wouldn’t “my story” be more useful than saying “my life”? Without getting too metaphysical, isn’t my life actually your life in some sense, in terms of this planet we share and situation we are in? How would you define life?

9) Hypothetically speaking, let’s say we did an experiment in which a woman was impregnated, and from the moment of conception, the mother is not allowed to speak or even hear a word... how would the child turn out? My hypothesis would be that the child would be born with severe, difficult to overcome, linguistic deficiencies.

10) I want to help save the world, but I also want to get laid as much as possible. How should I reconcile this? I don’t think I’ve fucked enough woman yet... guess i just need to get it out of my system lol

11) Is there no link to 'the wisdom machine' on your website?

12) You often ask people what they are getting out of your conversations... Here are some of the phrases/insights that I have found useful so far...

- 1) Brain damage
- 2) Language machine

- 3) Belief, itself, is the ultimate sin
- 4) Reprogramming/hacking the language machine
- 5) Unconscious language monkey
- 6) Becoming a more effective agent of evolution
- 7) Being in language rehab for the rest of my life
- 8) Wild English/Earthling
- 9) Monkey body/physical organism
- 10) Attractive females 'activating the monkey'
- 11) Monkey business/ monkey manifestations
- 12) those damn "humans," and the emergence of a new, conscious species (however not different genetically)
- 13) Breaking the identification with the voice in the head/story, recognizing that the language machine is not who/what 'I' is.
- 14) Observing the language machine, switching into Earthling, recognizing when the language machine is useful/creative and when it's much ado about nothing
- 15) The language machine's job is to take all of your sensory data and turn it into a story
- 16) Stuck in the story, going in and out of the 'trance'
- 17) Linguistically-induced hypnotic 'trance'
- 18) The concept of 'I' appears to be ineffable at the moment, and being content with that
- 19) Once a problem appears to be solved, a new set of more interesting problems is usually created
- 20) Emergence of a technology of consciousness...new language needs to be created to describe consciousness and its connectivity to Universe, much like new language was created to describe 'electricity' in 1800, which led to the explosion of information technology
- 21) The map is not the territory. Language only gives us maps, and some are more useful than others depending on your analysis/programming.
- 22) Earth is undergoing a metamorphosis.
- 23) Declaring your intentions, stating your assumptions, and defining your terms
- 24) "It's all Bob" is a nice story to talk about the ultimate nature of reality...
- 25) Having an attitude of gratitude, even about things normally considered to be "depressing"

- 26) The birth of the first global, enlightened, high-tech, truly scientific civilization, and being optimistic that can happen.
- 27) Not caring about ‘TQM’, but rather focusing on your own work and the transformation of Earth
- 28) The language “itch”, and the importance of having some “obsessions” in life
- 29) Subvocalization is “thinking”, however there are other forms of thinking.
- 30) Thinking in language is a muscular activity.

I could probably keep going, but that’s all I got for now... :)

[3/7/12 8:14:36 AM] heron stone:

thanks andrew. i'm on my way to the gym right now and i'll read this when i return... later

[3/7/12 1:35:16 PM] Andrew Lenberg:

- 31) under the spell of language
- 32) unconscious assumptions, and how they can be problematic (i.e. the Surgeon’s Story)
- 33) “the” is the most common and dangerous word in English, and it used incorrectly about 90% of the time...and the rest of “the five stupidities.” “Just” is another word that is often dogmatic and useless for clear thinking. Also, “Can’t” is a word that is also commonly thrown out incorrectly to shut down possibilities and honest communication
- 34) the importance of keeping a journal for all of your insights. Human ideas evolved through the invention of writing.
- 35) trying to “wake people up” is usually a waste of time, unless they are already thinking about these ideas or are very young. On the bright side, the number of people that are “primed” for “building the butterfly” appears to growing at a near exponential rate.
- 36) Gendo is related to the martial arts. While physical altercations are few and far between, we are constantly under attack in the domain of language by advertisers, businesses, and all the people we associate with.
- 37) Learning multiple languages can be helpful for analyzing the structure of language and its inherent limitations

- 38) Earthling is useful only for analysis/problem solving situations. In comfortable social situations, Wild English is perfectly fine.
- 39) English, along with any other language, is stupid. Most languages are hundreds of years old, yet the same odd, inefficient, and nonsensical spellings and grammatical rules are still in effect.
- 40) Breaking the identification with the voice and its story about reality is the most important realization for the progress of humanity

[3/7/12 1:38:45 PM] Andrew Lenberg:

i can expand on any one of these points. I need to get to get going, but we'll talk soon

9582

325.16

27.79

wemar7

17:01

.we will digest the cities... grind them up and separate out the elements,
minerals, other resources we can use...
a new kind of construction "paste"
freeways and rail lines are arteries

hogland

giant machines dismantle all signs of human construction within designated
areas... grinding up the chunks and processing it into useful resources
what's left is a gash in Earth's skin... one that will heal quickly
look at the maya ruins today
we'll be leaving nothing but upturned Earth
we withdraw to the arteries and city-states

+develop an iPad lunar cal app
+develop an iPad app for my art

9585

325.19

27.82

samar10

14:03

not everyone wants to wake up... right now
i'm here for those that resonate with the idea

fundamental concepts
the voices happens
stop the voice
don't believe everything...
the critic
in an out of trance

9591

325.25

27.88

frmar16

14:09

language is NOT something you DO... most of the time
it's something that happens to you
do you grow your hair... or... does it grow

autopilot

guide your language machine

9594

325.28

27.1.91

momar19

17:47

PXFGABSRDS

mats 10 seconds

2 cut first half
missing audio-gaps

the CULT of self

frankfurt occupy

above here was written on my mac
below on the iPad

people need a story
at least many think they do
the big story... religion
bob/metamorphosis (for me)
christianity
islam
atheism
nationalism
amway
a way of making sense of our experience

in paradise
unit of currency is person-second
I sell my time as a teacher of gendo
there could be a sort of stock exchange... on the net
also... a commodities exchange for trading allotments of resources

every citizen gets a share of Earth's resources
since most people won't want to use many of the entitled resources, they can
trade them for more of the resources they do want

sex involves taking off your clothes
real intimacy requires taking off your ego

a note to gendo listeners

428

700

701

gendo on facebook

talk to each other

form a skype group

my quarrel with +ians, moslems, etc. is not that there is no god
it's that their god is a ridiculous and vicious god

many see submission as failure
submission to "reality" is not failure
that heron doesn't really know what reality really is is a truth that heron
submits to
a truth to which heron submits

projects

ted

website

curriculum

yes... language monkeys are robots... great molecular machines
but who/what is the observer
and, like in quantum physics, observing a system changes the system

again... this isn't THE way it is
it's A way of thinking about our experience

listening to my LM
it makes language-like "sounds", rhythms, etc. with no semantic or
grammatical content/structure
muffled sounding

just because the world is completely determined by "physical" forces doesn't
mean it's not spontaneous, free
•observing it changes it

.normally "you" are swept up by the LM
.when "you" start observing the LM, it is disrupted
?what is this "you" of which "i" speaks

two domains for humans
experience
stories about experience
there is nothing else

the two domains are quickly confused by the way we are trained in childhood

americans will be flushed out of north america
they are dangerous in high concentrations but beneficial in small clumps

maybe I know that I don't know something that you don't know you don't
know

there is no such "thing" as self
there is a brain with established patterns of activity
those patterns are doings... not beings
no identity exists
?who observes this process

there is no such "thing" as self

There is a brain with established patterns of activity

Those patterns are doings... not being

No identity exists.

? Who observes this process

first note on myPad

I must admit that it was quite a shock to discover that I doesn't exist

testing dictation...

120324@2314

note on molecule to metaphor

four basic structures:

schemas

constructions

maps

mental spaces

?are you stupid or are you just an asshole

120325@0016

my challenge

there's a party outside

it's past midnight

the music is loud

it's been going for hours

?how do I NOT get pissed off

?how do I detach

?is it just story
?why does heron find it offensive
the washing machine noise doesn't bother heron
barking dogs don't bother me
?can I choose to respond similarly to the music

apparently not

so, am "i" stuck
I'm pissed, and I don't want to be pissed, but I can't do anything about it.
now what

I guess I could just be pissed and let it go at that

because of the rhythm, it attracts my monkey's attention
it's not possible for a mammalian brain NOT to respond to it

XXX seems like a nice guy... hard-working, honest, mild
and he seems totally oblivious to the ramifications of his behavior... or the
behavior he allows in the vicinity
is he not aware
or, does he just not give a shit
he can't be too stupid
he's quite successful
?does he just tune stuff out

some people are raised to think only about themselves and their immediate
family... and everything else is just ignored
it's almost an us against them type of mentality
american individualism

to participate in creating a new world
people either get it or they don't

it's not the noise that really pisses me off
it's my story about the noise

actually, the people outside probably have a great story going about the
music
they're not pissed off

I don't know whether to laugh, cry or get my gun out

120326@2135

120327@0657

120329@0649

120329@1932

FUNDAMENTAL OLD ASSUMPTIONS
external, objective reality

all we have is experience... and talk about experience
there is nothing else

WHAT YOU ARE is a more fundamental question than WHO YOU ARE

there is no such THING as "love"

new meme...

don't believe everything you hear your language machine say

don't believe anything you hear anybody's language machine say

belief, itself, is the great sin

120330@1151

an important concept: schemas
recurring patterns of activity

120401@0840

120401@2317

120402@1907

120403@0700

120403@1845

major distinction

knowing whether something is happening to you... or... it is something that
you are doing

there are occasions when, if you can't say it well, you shouldn't say it at all

heron thinks he's on to something REALLY REALLY big, but he doesn't
know how to talk about it in any way that satisfies him

120404@0746

120404@1936

just watched a trailer for People Like Us

most films, drama, etc. is about ME... my life

it's rarely about US... the fate of Earth... something larger than little me's
desires

that's what makes a small but growing % of us different from the language
monkeys

sure... they would love it if the world was a better place.

but they are unwilling to step up to the task

they'll watch dancing with the stars instead

watching documentary comi-con

thousands of intelligent, creative people

people want their lives to mean something

but the old gods are dead and most people haven't found a replacement...

yet

Earth will replace God

?what about an expo for agents of evolution
?what about an expo for agents of evolution
?what about an expo for agents of evolution
?what about an expo for agents of evolution

produce an expo for agents of evolution

being an agent of evolution
you don't have to be a monk... but you can if you like
the core idea is that you have a project...
one designed to contribute to an emergence of a new civilization
maybe you devote 5 hours a week to it... maybe more
maybe you devote you life to it
we are all different

join us as an agent of evolution and let's work together to create a new
world... one worthy of the title "civilization"

if you can't tell me what your project is, you're not an agent of evolution

120404@2105

120405@0743

120405@1723

home

120405@2234

my public bottom line is... "I don't know"
get comfortable saying, "I don't know"
working on becoming less stupid
identifying and reducing stupidity in language

the 4 stupidities

if you apply them diligently to your epistemological investigations, you will
be greatly rewarded

bottom line

we have our experience

we have our talk about our experience

that's it

"the self"

the linguistic self doesn't reside in any single body

it inhabits a community

120406@0807

120406@2228

i'm not comfortable yet with this as my journal

120407@1723

120408@1540

120409@1349

in times of change, learners inherit the Earth... while the learned find
themselves beautifully equipped to deal with a world that no longer
exists.

Eric hoffer

120409 2258

running disk warrior makes time machine think it has to start over
and if it thinks that, I don't know any way to change its mind.

am I the only one to experience this?

it would be nice not to have to start over

we are waking up from a millennia-old, linguistically-induced hypnotic
trance... never having fallen asleep before

the trance goes back deep into our mammalian past... millions of years of
very sophisticated auto-pilot software

120410@1927

I say that this so-called civilization is not worthy of the title
we devote the brightest minds and vast resources to developing technology
for killing
this is STUPID
it is unacceptable
WE must do something to change it
if you accept circumstances, you are the mindless system we seek to replace

120411@1940

?what is happening here, now, on Earth
we are waking up
Earth is waking up in and thru us
humans (and mammals) have been under the spell of an autopilot, a
language machine, for ever

it's difficult for adults to learn new ways of thinking and being
it's easy for kids
that's where to put our energies

120411@2142

develop a series of youtube videos to assist parents to teach their kids gendo

120412@0654

120413@0835

outreach to stupid people

2150

120414@1915

Sam Harris, you're great. there is no Sam or heron
that's the whole game
what kind of response are you getting
do you think it's an idea who's time has arrived

if the voice isn't me... what is I?
that's the great mystery

free will does not emerge from a felt experience
it emerges from an interpretation of experience

YOU is the issue

free will is just a side issue
the real issue is, "who am i"

importance of the idea, "language machine"

there is no i... period... end of story

technology of consciousness

no such thing as "side-effects"... only effects

120415@2030

120416@1534

120417@0645

1948

Percy Bridgman

the meaning of a physics abstraction like time, energy, mass etc. IS the
operations undertaken to make the measurement

?why does "reality" keep coming up

because people believe everything they hear their language machine say
people are entranced by their language machines

pragmatism and objectivism

wave and particle

no conflict between them

120418@1657

create gendo for scientists' children

+write a one-page rant

.as I see it, i have only two "things"

.i have moment-to-moment experience

.i have stories about experience

reality -- a quaint idea

experience

stories about experience

that is all

get comfortable not knowing what reality really is

we come in late in the game

we are inducted into the currently accepted hallucination

we are beginning to wake up from the trance

we are not what we were programmed to think we are

we can't start from the beginning

we can start from where we are NOW

Goldman

these are not issues only for scientists

they are civilizational in character

every citizen is a scientist... must be trained in the art of thinking... in gendo

120419@1749

120420@2302

?why wasn't i taught gendo as a child

.it took my forty years to learn stuff i should have understood before i was 12

.every child deserves to be taught how to think...

.and we can suggest what to think

120422@2149

derek

please do not come into the gendo room any more. your negativity is not welcome.

if you want to talk with me, i'm available to you here on skype.

120423@1934

the collapse of consensus, as we have seen, subverts the very concept of representation. without agreement among the voters back home, whom does a representative really represent?

- Alvin and Heidi Toffler in "creating a new civilization"

it seems that heron is always looking for a breakthrough, a transformation, etc.

he's not satisfied with "ordinary" experience

no wonder he's frustrated

can he be OK with his not-OKness

right now, everything is just fine

it's fun being in the process

the overall situation is not a burden

developing a better story is fun and "important"

"better" means... ?

leading to a world that heron wants (?or should it be HERON WANT)

heron am happy

aung san is happy

this move allows dropping the word "i" entirely

to a christian... in your heart you know that you don't really know

it's ok not to lie to yourself any more

it's true

you doubt

and so does every thoughtful person

welcome to the Gendo lounge

relax

it's ok to let the old beliefs go... at least for a time

2239

+people says they don't have enough time

bullshit

+everybody has 24 hours every day

+people live their priorities

~do you really NEED to "relax" at night

~you really can't find five hours a week to help us create a new civilization

+start a clearinghouse of "approved" projects

120425@1800

120426@0041

+language is not something that people DO

+it's something that happens to them

+then they are swept up in the stream and identify with it and assume that it is something they are doing

i am heron
and/but
i is bob

only if you know your mission in life can you make decisions on what to do
having a mission is not necessarily for everyone

120426@1946

all there is...

experience

stories about experience

?what else could there be

+here's a way of thinking about things (a story)

+all you've got is your experience and your stories about your experience

+that's it

+the problem is that you have mistaken your story for THE WAY IT REALLY IS

+the story was programmed into you before you were old enough/aware enough to know what was happening to you

+this way worked quite well for the past million years or so, but as you might have noticed, the world has changed

+you've been hijacked by your own language machine

+all problems flow from this simple mis-evaluation

it takes only a moment to awaken from the trance

once you are aware of the possibility of awakening, it can come at any moment

and it can be lost again

and regained yet again

in this process, something new emerges

tales of an urban teknowgeek, loren abdulezer

120427@1605

my leap of "faith"

- +Earth is a living being, about to become a conscious entity
- +humans are subsystems of Earth
- +we are part of Earth's nervous system
- +we are agents of Earth's consciousness
- +we are Earth
- +we is Earth
- +i is Earth
- +i am Earth
- +i are Earth

120428@1913

- +aristotle and plato continue to infect us today
- +yes, they were great... in their time
- +but time has changed
- +it's time to purge ourselves of their pernicious influence

the big errors

the concept of self

mistaking a way of thinking about experience for THE WAY REALITY
REALLY IS

- +yet we must act
- +a coherent basis for action can be a powerful tool
- +i have theories and assumptions I use to make decisions
- +i have multiple maps available

- +but i'm certainly not naive enough to think that i actually know what's really going on here
- +if you think you really know what reality really is, you're headed for big anxiety
- +you can't help but notice that the world doesn't match your expectations
- +you can't ignore it any longer
- +we need you to wake up and join us in creating a new Earth

2155

Q:
~why would anyone want to live in a world like that

A:
+i don't WANT to live in a world like this. the world is really like this in itself
+i merely recognize the truth

+no... you create it in your experience by continually thinking the ways you think

+you are addicted to your story

+you can kick it at any moment

120429@1840

2129

- +without our inquisitive, rigorously analytical minds (without science) we'd still be huddling under a tree with the baboons when the storms come
- +most language monkeys have little appreciation for the debt they owe to the creative efforts of their ancestors

- +you can't understand what's happening today without know history... deep history... some perspective on how we got here

writing - time-binding
third wave

+you are a collective of a trillion cells
+that's not just a clever saying
+it's something that is fundamental to your being

iPad power users group
it was born as a utility
it has so much more potential

120501@0659

120501@2012

utterly orderly (steven goldman)

+the fairest thing we can experience is the mysterious
+it is the fundamental emotion which stands at the cradle of true art and true science
+he who knows it not and can no longer wonder, no longer feel amazement, is as good as dead, a snuffed-out candle
+it was the experience of mystery—even if mixed with fear—that engendered religion
+a knowledge of the existence of something we cannot penetrate, of the manifestations of the profoundest reason and the most radiant beauty, which are only accessible to our reason in their most elementary forms—it is this knowledge and this emotion that constitute the truly religious attitude; in this sense, and in this alone, I am a deeply religious man
+i cannot conceive of a God who rewards and punishes his creatures, or has a will of the type of which we are conscious in ourselves
+an individual who should survive his physical death is also beyond my comprehension, nor do I wish it otherwise; such notions are for the fears or absurd egoism of feeble souls
+enough for me the mystery of the eternity of life, and the inkling of the marvelous structure of reality, together with the single-hearted endeavor to comprehend a portion, be it never so tiny, of the reason that manifests itself in nature

albert einstein

i've heard people say, "water has no taste"
that's ridiculous
it has the taste of water

120502@1417

120503@0717

2048

categories... a fundamental idea

+categorization is a brain activity

a classroom exercise

>ask students to think about thinking

>then ask them what they were actually doing when thinking about thinking

+the answer better be "talking to myself"

~is that what language is... categories

~an amoeba turning toward food or away from poison... is that the
beginning of language

+the question as to WHO is doing anything... is an empty question.

~what answer could possibly satisfy the asker

+the answer doesn't make any difference in behavior

fundamental words

category

concept

idea

self

reason

ideas by which we judge other ideas

something as counter-intuitive as sun-centered world
an Earth-centered self

+if you want to make it simple, you have to go to the next higher level

+the math of heliocentrism is orders of magnitude simpler than
geocentrism

+the math of Earthcentrism is orders of magnitude simpler than
egocentrism

+movements of the planets were sort of predictable, but at the cost of an
incredibly complex theory that was understandable only to specialists

~is there an "i" that CAN choose?

~is there an "i" that can DO anything

~if not, then what is the nature of this "i"

+being an epistemologer is a kind of pornography... wanting to see what
you're not supposed to see

120505@1908

~what differences would it make if Earth's days were 12 hours... or 48 hours

~how would that affect evolution

2118

gendo for parents

>use ts3 for clients to meet and exchange ideas for becoming better teachers

>turn students into fellow researchers

120506@1931

120507@1458

coming into existence

+before we are old enough to know just how "weird" the world is, we are sold a story that tries to convince us that everything is "normal" and ok
+later, as we grow, if we point out any of the inconsistencies between the story and experience, we are shunned as being too negative

120507@2057

+in a future, it might be really helpful to have a test to distinguish Earthlings from language monkeys
~how would it work

120509@1520

scene in a movie

+the queen is visiting the home of an ambassador, and a little dog races into the room and starts humping the queen's leg

2043

work at the soylent green factory
criminals are offered a choice
exile to australia
reprogramming
soylent green

+at the factory, people are processed along the same line as cattle... and handled with the same care and understanding

+the idea of "reality"... out there... is a dead end

+*all we have is our experience and our stories*

+the stories that worked for our paleolithic ancestors are no longer working

+we need a new unifying story

+a living, metamorphosing, conscious Earth of which I am a subsystem suits me fine

+i wish i could say that i know what to do... what works

+but the best I can say is that I know some things that don't work and avoiding/eliminating them allows life to proceed more smoothly than would otherwise be the case

+a question i might ask myself is "~am I willing to declare my intention to participate in the creation of a new civilization... Earth"
~am i willing to recruit, be an evangelist for Earth

+if jesus really satisfies a person... good
+if you have doubts and wonderings, there's no better time than right now to start exploring your questions

120510@1914

crazy idea for a food empire

peanutbutter&jelly balls
a combo of p&j in a thin bread-like covering... big bite-sized... maybe tortilla
call'em pjs
keep'em in the refrigerator for storage
crunchy and/or creamy

120511@1920

2215

+it's not so much WHAT you believe as HOW you believe it that counts

an art project

**BELIEF, ITSELF,
IS THE GREAT SIN**

**DON'T BELIEVE EVERYTHING
YOU HEAR YOUR LANGUAGE MACHINE SAY**

120513@2039

- +i've got all these great books to read
- ~can i actually make use of the info
- ~what am I missing that prevents me from moving ahead with gendo
- ~is reading books going to make THE difference
- ~will I learn something that will make THE difference
- ~do I need to know what I'm looking for first

i need to finalize THE STORY on all levels

bob

Earth metamorphosis

new civilization emerging

end of nation-states

in order to survive, we need to become intelligent and flexible

we need to know HOW to think... not WHAT to think

brain-damaged language monkeys in rehab

gendo

the next two generations of kids are the future; we must train them properly

~where am I likely to find what I think I need

120514@2029

+this is the end of paper

+i will publish all stuff primarily for iPad

2235

+i've got a book called, "how to make anyone like you in 90 seconds or less"

+that seems rather simple

>ask questions about them

>see what they're good at and ask about that

>play to their ego

+they'll love you

+sincerity is the highest form of communication

+once you can fake that... you're home free

2256

+it's important to think well

+one place to start is by becoming aware of and eliminating stupid ways of thinking that we have inherited from our ancestors

CITIZENS OF FREE EARTH NEW EARTH EARTHNET EARTH
EARTHLINGS

120515@2049

auto-pilot = language machine

like in the movies...

+a "twist" in the plot alters the significance of EVERYTHING

+it's a narrative, a story

+it's the same thing your language machine has been doing all your life

+it's just a story

+IT doesn't make sense

+we make sense of it

+the challenge... discover/ create a twist in your story that transforms the meaning of your life

120516@2024

7fliKto

f7Ktoil

+when I try to just listen to my language machine, it generally shuts right up

+or it starts chattering about "my language machine"

+the "ego" is as real as a kanizsa triangle

+in fact, that the best analogy I've seen yet

+most sapes still think the universe is made of *stuff*

120517@1627

+language accounts for a large percentage of any technology of consciousness

note to martin about new ART software

120519@2055

+the era of paper books is over

+iPad/kindle killed them

+I won't write a *book*

+I will create some form of document(s)

120520@1922

annular eclipse now... about 40-50% here in south california

the joy of thinking

a joy in thinking

120521@2002

Gendo *rules*

+speech and behavior should be congruous

>if you say you're going to do something, do it

120522@0657

1819

>earn your own respect

>develop gendo as one course in an enlightenment series

+the voice is a machine

+it can be monitored and reprogrammed

120524@2127

- +you must decide to think
- +system 2 is lazy
- >write ideas down
- >choose words

ease and strain

- +we tend to avoid strain
- +we need to cultivate a taste for strain... like working out at the gym...
pushing yourself to be your best
- +mind at ease is a wonderful thing
- +mind at work is also wonderful
- +we need to learn to love both

120525@2020

120526@0138
1300

120527@0004

a great-sounding word... *pickpocket pickpocket pickpocket*

2251

- >make a movie about the moving of the obelisk in st. peter's square by
domenico fontana in 1586

- +just getting people to be present isn't always easy
- +they're always thinking about what they're gonna do next... instead of being
here/now
- ~is this a question mark

>always ask whether a potential student
has time for a lesson... 5 min., or two
hours... whatever

+if they're anxious to leave, let'em go
>come back when you have time

120529@0026

+nothin' to say except, "good night"

120530@1504

1559

120531@0657

2100

Thinking is the operating skill through which intelligence acts
upon experience.

+thinking is an operating skill through which intelligence interacts with
experience

+practice entails intention

+you must **decide** that you will improve **and** act

120601@1846

air sharing

animooog

ims-20 korg

thumbjam

Practice

At school and in later life most people have to think all the time. They have to think both in their work lives and also outside work. Surely all the "practice" in thinking should make people better thinkers?

Unfortunately, it does not automatically follow that practice improves a skill.

Consider a sixty-year-old journalist who has been typing hundreds, or thousands, of words every day. At the age of sixty this journalist is still typing with two fingers. At no point does practice in "two finger typing" suddenly turn that person into a skilled touch typist.

So if you practice poor thinking for years you will become an extremely skilled poor thinker.

If that journalist, even at a late age, had taken a course in touch-typing then he would have become a touch typist. In the same way, practice in thinking is not enough. There is a need to pay direct attention to the methods of thinking. That is what this book is about.

120602@2006

magazine layout for iPad

optical illusions

- +people happily accept that they have been deceived by an optical illusion
- +people bitterly resist the idea that they are deceived by linguistic illusions
- +the "self" is one of those illusions

120603@2241

writing a Gendo book

instructions

- >read straight thru from beginning to end
- >skip around and explore what looks interesting to you
- +there are many pieces to this puzzle
- +only after digesting a sufficient number of pieces, will the picture begin to take shape
- +and each reader will experience a unique manifestation of the stories
- >entitle the book... *stories*
- >be care using audio
- +it can be startling
- +startling can be good... if intended

120605@0654

1852

- +today I realized that I have stuff and I don't know where it is
- +perhaps a goal might be to always know exactly where all my stuff is

language machine = lingofactory... like *olfactory*

create a seminar for novice iPad users

+my mother was a whore

+my father was a drunk

~what would you expect of me

text file to andrew

120610@1539

21 rules of entrepreneurs - jason nazar

you'll see it when you believe it

perpetual sense of urgency

only variable is your work ethic

all efforts equal

you don't have to have a product to sell a product

court mentors

great entrepreneurs sell ether

 my certainty certifies the ether

ideas don't matter... execution does

speed and momentum: the power of now

the entrepreneur's dream: stay attached to the problem being solved, but

 flexible in the solution

be sincere and exceed expectations

10 lessons startups can learn from superheroes

superheroes never give up

superheroes always get the job done
superheroes are the best at what they do
superheroes are clear about their purpose
superheroes aren't flawless
superheroes don't seek glory, but they get it
superheroes help others
superheroes are more powerful with a team
superheroes true strength comes from character
superheroes achieve huge feats

the one most important thing

~how, within two weeks, and \$1,000, can i start gendo

10 questions to consider when starting a business

- ~what is my product or service
- ~what is unique about it
- ~what is the market opportunity
 - ~what problem do I solve
 - ~how large is the market
 - ~how fast is the market growing
 - ~who is the competition
- ~how do you make money
 - ~what is the revenue model
- ~who is the management team
 - ~how are they uniquely qualified
- ~what is the strategy
 - ~what is the long-term goal
 - ~what are the 3, 6, 9, & 12 month milestones
- ~how do I sell /market my product/service
- ~how much capital do I want
 - ~what are the start-up costs
- ~what are the projected financials for the company
- ~what is the preliminary valuation of the company
 - ~how much would I seek a % of the company for

5-step sales process

gain interest

establish credibility

establish need

offer a solution

have a system for an easy transaction

120611@1809

120612@0642

120613@1746

120614@1934

+now that we have iPads, there's really no more need for paper

~why would I want a paper book

~why chop down trees

~why stain the treepulp with toxic inks that poison Earthpeople

120618@2138

important insight about pete axiom

+apparently you forgot what room you were in

>consider a difference between casual and "rigorous" discussion

+what you were doing was just fine in a casual chat

+gendo is not about casual chat

+anyone can blather vast generalizations while they're at the bowling alley
with their friends

+and they generally do

+the whole topic was chat material

+there is certainly a place for wild speculation of this sort

+it's fun

- +but we don't need to study anything to do that
- +we're all pretty good at that
- +we need help in clear/precise thinking

120619@2244

- ~do terrorists blow themselves up to prove their belief
- ~to whom
- ~to themselves

- +one way to minimize trauma would be to *neutralize* the right-wing fanatics with guns
- >infiltrate

- +heron had an episode of anger attempting to create a new foto album on facebook
- +it lasted for 30-45 minutes
- + so, the question is... ?did heron enjoy it

- >write a Gendo monk's code of ethics
- >declarations of intention
- ~what is the monastery for
- ~what purpose does it serve
- >teach gendo to kids under 13

gendo for esl

- +there's a **difference** between *hearing* and *listening*

acknowledgment no. 1

- +we're all brain-damaged... each uniquely different but also sharing many similar symptoms
- +we are less than we might have been
- +but we can get in rehab

- +english has hard-wired patterns of thinking that are clearly sub-optimal
- +english thinkers are infected with the 4 stupidities

>do a baboon album on facebook

120620@1627

gilbert darkdancerzm on skype good time is around noon

gendo ts3 server: 72.130.16.241 no password

120622@0045

1542

classification

>explore it more

marina's idea gendo utube excerpts guy gives link to gendo server

usenet sites

language web

EARTHNET.me

speak.1024.org

freedns.afraid.org

hairypiano.com

desperate.info

braintec.ch

puzzled.ru

psychomatrix.ru

toogoofy.com

thinks.org

120624@1813

120625@1158

2239

+ all "i" can do is declare intentions, set goals, suffer consequences and enjoy the scenery

systems 1 & 2

autopilot

a team of programmers who can alter the autopilot

+ i manages the team

+ i sets the goals and intentions

+ i'm here to participate in a transformation of Earth

+ it appears to me that *Gaia* is the name for our planet

+ that makes us *gaians* speaking *gaian* (G9Y-N)

120626@2321

+ there's a huge difference between theory and the clinic

+ in theory, we try to construct a coherent story

+ in the clinic we say whatever works

120627@1010

120628@2239

120701@2037

120702@1333

120703@2235

120705@2021

- + heron always felt inadequate... that he had to demonstrate his worth to others... to justify his existence somehow
- + heron still struggles with showing off
- + but he knows that it gets in the way of his ability to serve/teach
- + i think peter and heron are similar in that way

- + so it pushes my buttons when i sense you are doing that
- + you come here with stories of moving big rocks, and it has nothing to do with anything that Gendo is about
- + its purpose is to put you into the center of attention
- + i feel that if i want to be at the center of attention, then i should have something of value to justify my being there
- + i feel it as an obligation

- + and it's only now, at 66, that I feel secure enough in the value of my work to put myself at the center
- + my struggle is to keep it on purpose... not get caught up in being the center

one way language changes

"you've gotta go"

"you gotta go"

- + in the beginning, people think they are actually pronouncing the V
- + they hear it in their mind's ear
- + but their children don't hear it... because it isn't there

- + "you got to go" is very different than "you gotta go"
- + i got to go to the party (i was allowed to go...)
- + i gotta go to the dentist (i must go...)

120706@1927

120707@1504

120708@1915

\$2,485.17 including taxes from apple

27-inch iMac

3.4GHz quad-core i7

4GB (2x2GB)

1TB drive

radeon hd 6970M 2GB

120709@1610

all the terrible things that have happened to people over the millennia
the suffering, the loneliness, the pain, the loss...

+ it won't all have been in vain... if we can create paradise... for real... an end
to war, violence, hunger, nation-states, capitalism, etc.

+ to a lion, you look like dinner

120710@0710

120711@1931

120713@1900

+ heron gets really pissed off when his experience doesn't match up to his
expectations... his desire that things be a certain way
+ there is no equanimity when his computer doesn't work the way he thinks
it should... or in traffic
~ did ramana NEVER get pissed off
+ being pissed off might be a proper response in certain situations
+ but heron's anger is useless... worse than useless... detrimental
+ it probably harms his health... and it sure as hell ain't fun
~ or is it
+ maybe bob is enjoying it even if heron's not

120715@2016

- + ramana maharshi was a freak
- + it's not for us to try to be like him
- + we can celebrate him... use him
- + but you can't be like him
- + you have to be *you*

120716@2230

- + it seems as tho i had an idea, but between getting it... realizing it was an idea worthy of recording, and opening my journal... i forgot what it was

DAMN

something about stories

- + it's not about having THE TRUE STORY
 - + the very idea of THE TRUTH is a symptom of our pathology/sickness
 - + it's important... which story you choose to activate
 - + it has consequences... not because it's true but because we act on each other in *the real world*... in squish
 - + in squish we are all connected
 - + we are one
 - + you are the big bang... the great light
 - + we don't know what's impossible
-
- + we need to become worthy of our technology

a really important analogy

basketball and badminton
checkers and chess
gendo and not gendo

- + it's really not very nice of you to come to our checkers party and insist that we play chess
- + it's not nice to come to our baseball game and tackle the base runners
- + you can play your game many places... but not here tonight

+ we've gathered here to play gendo
> good night

120718@1801

+ ramana maharshi worn a loin cloth
+ we hide in our clothing... using it to cover up the things we don't like about ourselves

2143

+ the big bang didn't happen 13.7 billion years ago
+ it's happening right now
+ this is it

120719@0645

starbucks

download trapit

120720@2202

+ getting my new iMac was a bit of a let down... and i'm sort of happy about that
+ it IS going to make a difference... but the kind of diff it makes is still up to me
~ what am I going to do differently

iPad, iMac, iNet

~ what else to i need

~ what would ramana maharshi do

generally speaking...

- + gendo is for people over forty, who have got the sex thing behind them and basically, don't have anything better to do for the rest of their lives... (and if you do find something better to do, you should, of course, do it)
- + that guy's a nut case
- + if you think he's interesting and worth listening to, you're in danger
- + i recommend a gendo intensive

120721@1722

- + well, not only is it a let down... it's turning into a fucking nightmare
- + well, i'm turning it into a fnm
- + can take this as an opportunity to start over with a system i understand inside and out
- + i can get rid of tens of dozens programs that i have never used and don't even know what they do
- + i might be able to get rid of 20-30GBs
- + this is better in the long run
- + if the migration had worked, I would have migrated clutter and dysfunction into my new setup

2227

- + it's not so much that people ARE stupid
- + it's that they do stupid things
- + we can learn to avoid all sorts of stupid things... the 5 stupidies

- + i'm amazed at how stupid and untrusting of bob heron can be

- + this whole migration issue has been, and still is, a learning experience for me
- the story
- + my mbp was behaving increasingly erratically
- + it is out of warranty
- + it is 3 years old
- + i was accustomed to its speed
- + but my backups weren't functioning smoothly... and I choose not to live so dangerously
- + so i bought an imac
- + apple does a good job making moving to a new computer easy
- + it's called migration assistant
- + it's always worked very well for me
- + heron chose automatically to use it again
- + but in the back of his frontal cortex, a nagging thought appeared...
- + "i'll just be migrating all the bugginess of my old system
- + rebuilding the system manually seemed like too-daunting a task
- + so heron went ahead with the migration
- + **AND IT FAILED**
- + he tried again... failed
- + he called apple and talked with one of the techs who aren't idiots
- + several strategies were arrived at
- + nothing worked
- + heron was pissed, exhausted,
- + when he finally got...
- + he was going to have to do it manually
- + of course, that would have been an intelligent way to do it
- + but he wanted it easy
- + now i see it as a great opportunity for a clean start

+ i'll actually know what's on my mac

120724@0720

120725@2200

+ the world is what you and i do... every second

+ if we're going to create a new civilization, we're going to have to start doing different stuff

a good question

~ where do the words come from

~ how do they arise

~ do *you* do it

~ does *it* happen to you

~ where/when did *you* get the idea that there was a *you* in there

+ we can begin to disengage from the caterpillar... now

- get rid of stuff that doesn't directly, immediately make your life better

- live alone

- get a bicycle

- buy only the best if it's important enough to get in the first place

120727@2108

120730@2104

120731@0005

+ page numbers are becoming a thing of the past

+ epub's renumber depending on the font size you choose

+ so it will be important to construct the text so that it can be chunked

+ for long rambling narratives, page numbers will still be useful

+ word search is helpful

120731@2121

- + a body is an ongoing transaction with everything
- + it operates in time frames of milliseconds
- ~ where is room for an "i"

speaking of "the voice"

- > develop a replacement for the language machine... an implant that generates actually useful observations and plans

an important principle of "thinking"

related experiences are activated together

spreading waves of activation will interfere and set up standing waves
(words)

120801@2208

- > don't miss the moment of turnaround... the moment you realize that you won't continue as you are
- + there are many of these moments in life
- + we can learn to develop our *self* and cultivate this ability